

Baking Arts Fundamentals for Food Technologists Tyson Building, University of Arkansas March $14-18,\,2022$



| Day 1 | Chef Instructor: Vincent Fazi – Symrise |
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| 8:00 8:20 | Welcome, introductions and kitchen tour Demo Ciabatta dough & prepare yeast doughs – French bread, start beignets and lemon doughnuts for |
| 0.20 | afternoon. |
| 9:30 | Demo - cut steaks and prime rib roast from primal rib roll GROUP PHOTO |
| 10:00 | Morning Lecture - Chapters 29, 30, 31, & 34 - Baking, Quick Breads, Yeast Breads, - Production Review |
| 11:00 | <u>PRODUCTION</u> - Quick Breads – muffins, scones with clotted cream, cauliflower/potato gratin, prime rib, Ciabatta rolls and French bread with Avocado Tuna Salad |
| 1:30 | LUNCH & Recap |
| 2:15 | Crème Brûlée for Tuesday, pastry cream for Wednesday, prepare and fry beignets and bake doughnuts, mis en place for Biscuits and cure salmon for Gravlax. |
| 4:00 | CLEAN-UP & ADJOURN |
| Day 2 | Chef Instructor: Jonathan Heeter, Griffith Foods |
| 7:30 | Breakfast Prep – Biscuits, Sausage & Sausage Gravy – Prep pizza dough Demo – Corned Beef |
| 9:00 | Morning Lecture - Chapters 33 and 34 – Cakes & Frostings / Custards – Production Review |
| 9:45 | <u>PRODUCTION</u> – Cakes – Lemon Bliss cake, Carrot cake with cream cheese frosting, Génoise cake with French Buttercream frosting, German Chocolate Cake with Coconut Pecan Frosting |
| 12:00 | Each person prepares one pizza |
| 1:00 | LUNCH & Recap – Pizzas, Salad and Crème Brûlée |
| 1:45 | Bake Quiche Lorraine and Crab and Shrimp Quiche for Wednesday |
| 4:00 | Prepare cookie recipes – million dollar cookies and lemon curd squares CLEAN-UP & ADJOURN |
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| Day 3 | <u>Chef Instructor:</u> Mark Wenke, Pepper Source Breakfast – Quiches – Three breads and one cake; Marbled Rye, Hamburger Buns, Gluten Free Pain de Mic |
| 7:30 | and, Gluten-free Caribbean Rum Cake |
| 8:30 | Morning Lecture – Chapters 32 Pies, Pastries and Cookies – Gluten Free Baking – Production Review |
| 9:30 | PRODUCTION GF Pain de Mie bread, fresh fruit/berry tart plus pastry cream for Éclairs for Thursday |
| | Reuben w/ rye bread, and Grilled cheese on GF Pain de Mie Bread, Welsh Rarebit Smashburger |
| | Colcannon and Thyme Leaf Soup & Southern Soaked Salad |
| 12:30 | LUNCH & Recap |
| 1:15 | Laminated Dough & bases for canapés. Develop toppings for canapés and concepts for small dishes or |
| | hors d'oeuvres for Thursday, Graham Crackers & Marshmallows for Thursday |
| 4:00 | CLEAN-UP & ADJOURN |
| Day 4 | Chef Instructor: Susan Beard, Slim Chickens Restaurants |
| 7:30 | Breakfast Prep –Buttermilk pancakes and fresh chicken sausage & eggs, |
| 9:00 | Morning Lecture – Chapter 28 Hors d 'Oeuvre and Canapés |
| 9:45 | PRODUCTION - Chocolate Éclairs |
| | English Muffins for Friday |
| 1:00 | Prepare platters with canapés or hors d'oeuvres LUNCH & Recap |
| 1:45 | Salted Caramels, Chocolate Mousse for Friday |
| 3:30 | Make S'mores, prep Arkansas Breakfast Soufflé |
| 4:00 | CLEAN-UP & ADJOURN |
| Day 5 | Chef Instructor: Abby Milam, Newly Weds Foods |
| 7:30 | Breakfast - Arkansas Breakfast Soufflé |
| 8:30 | Morning Lecture – Chapter 29 Chocolate – Production Review |
| 9:15 | Peanut Brittle, English Toffee, Chocolate Truffles, Tres Leches Cake, Chicken & Dumplings |
| 12:30 | LUNCH - Chicken and Dumplings, Tres Leches Cake and Chocolate Mousse |
| 2:00 | Course Evaluations, Certificates & Conclude |
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